



# CRYO PRO

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### Hey Champion,

Thank you for choosing the Cryo Pro!

Whether for everyday rehabilitation, physiotherapy or competitive sports: the Cryo Pro provides you with fully automatic recovery at the touch of a button - reliable, hygienic and easy to use. You don't need ice or manual readjustment - the temperature and pressure are regulated automatically. In this guide you will learn everything you need to get the most out of your Cryo Pro.







- Please read the operating instructions carefully before using the device.
- Keep these operating instructions in a safe place so that you can read them if necessary.
- The product must not be used under certain health conditions. Please read the list of contraindications on the following pages carefully.



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The Cryo Pro is a fully automatic cold, heat and compression device to support regeneration and well-being.

Precise temperature control for customisable regeneration applications Variable compression and massage types for flexible support of different application needs

User-friendly operation with LCD display and integrated drainage function for easy cleaning

Users with long-term conditions such as trauma, bone injuries, fever, pain or swelling can benefit from improved circulation and vasodilation.

The Cryo Pro impresses with its safety, simplicity and high efficiency.





INDICATIONS	CONTRAINDICATIONS	SIDE EFFECTS	
Feelings of tension	Open wounds	Reddening/skin irritation if used	
Localised heat/cold application	Temperature sensitivity	for too long	
Chronic inflammation	Use during sleep/without supervision	Risk of burns if temperatures are	
Exhaustion	Acute inflammation of the skin	too high	
Cooling in warm weather, for	Arrhythmia	Cold-related discomfort/shivering	
example	Wound red		
	Pulmonary oedema	Pressure marks if applied too tightly/for too long	
	Acute venous thrombosis		
	unstable hypertension	Numbness due to incorrect	
	Users with pacemakers	positioning	
	Thrombophlebitis	Circulatory reactions	
		Short-term increase in blood pre	

The Cryo Pro is used for post-operative and post-injury rehabilitation treatment to reduce inflammation, control swelling and relieve pain by applying pressure and cold and heat compression. It also contributes to muscle relaxation after physical activity, such as recovery from strain or tightness.

### PURPOSE

### **III**BOOTS



### Heat therapy

Heat can help to promote relaxation and well-being in a natural way. The application of comfortable heat stimulates localised blood circulation, which can be beneficial - especially for tense or tired areas of the body.

In addition, heat can help to promote a feeling of inner calm and increase general well-being. In combination with gentle pressure or massage, the heat can have an even more targeted effect.

### Typical effects:

- Promotion of relaxation
- Sensation of warmth in cold weather
- Loosens up tense areas
- Supports regeneration after exercise

### EFFECTIVE PRINCIPLE

The Cryo Pro is not a medical product. Its use does not replace medical or therapeutic advice.

Cold therapy

Cold applications work by selectively cooling superficial areas of the body. The cooling effect can help to create a feeling of refreshment and calming - especially in tired, overworked or warm areas of the body.

The application of cold can also influence perception, for example by temporarily reducing sensitivity in the treated area.

### Typical effects:

- Refreshment in hot weather or after activity
- Short-term cooling if required
- Relief of an unpleasant feeling of heaviness
- Soothing of overstimulated areas of the body





### SAFETY INSTRUCTIONS

It is important that you read all the warnings and precautions in this manual. They are for your safety, to avoid injury and to prevent damage to the appliance.

- Do not open the cuffs while they are in active use and inflated
- Always switch off the device before unfolding the cuffs.
- The device must not get wet.
- Before using Cryo Pro for the first time, it is advisable to discuss its use with your doctor. The product is not intended to diagnose, treat or cure any disease.

- Do not move the cuffs while the device is in use.
- The appliance cannot be repaired or serviced while in use.
- Do not use the device for more than 30 minutes at a time.
- Ensure that the device is placed on a flat surface.







Cryo Pro

Connecting hose

Power supply unit

Compression cuffs

Trolley case

Drainage connection (CRYO)

Drainage connection (sleeve)

## SCOPE OF DELIVERY





## TECHNICAL DATA

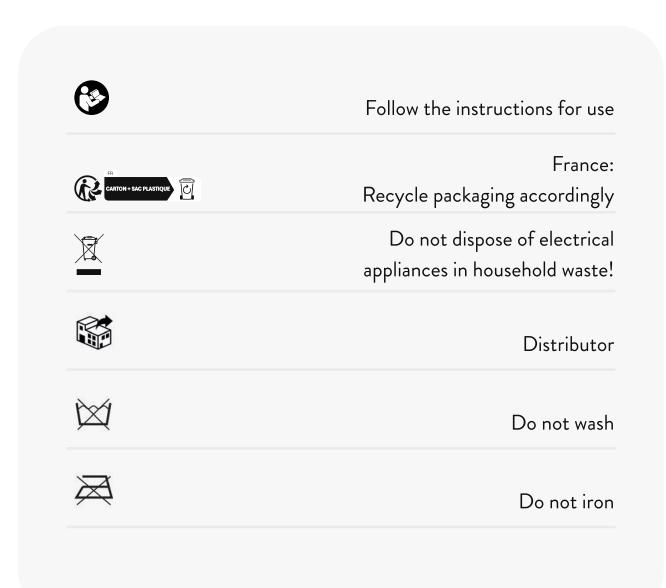
Model	VU-COT03
Temperature range (water)	Cold: 5-15°C; Warm: 40°C
Power consumption	300W
Timer options Print	5-99 min.
Operating voltage	DC12V

Weight	5.3 kg
Water capacity	0,7 L
Materials (cuffs)	Nylon,Polyester
Size	27 x 16.8 x 32.8 cm
Print area	Light: 40mmHg Medium: 70mmHg Strong: 100mmHg





Manufacturer	
Country of manufacture China	CN
Product fulfils the standards of the European Union	CE
Importe	
Protect from rain	Ť
Recycle packaging	



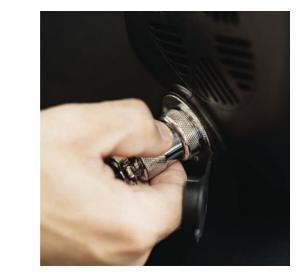
SYMBOLS

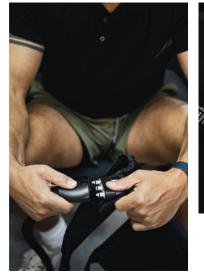


- First open the water tank and fill it with distilled water. The water volume must not exceed 0.6 litres and must not be added while the appliance is in active use.
  - Please only use distilled water to prevent deposits.

OPERATION

- (1) Firstly, connect the round end of the adapter to the appliance and secure it to prevent it from coming loose. Next, plug the adapter into a 100-240V socket.
  - (2) Now connect the narrower end of the tube to the appropriate cuff (depending on the body area) and attach the wider end of the tube with Cryo Pro.

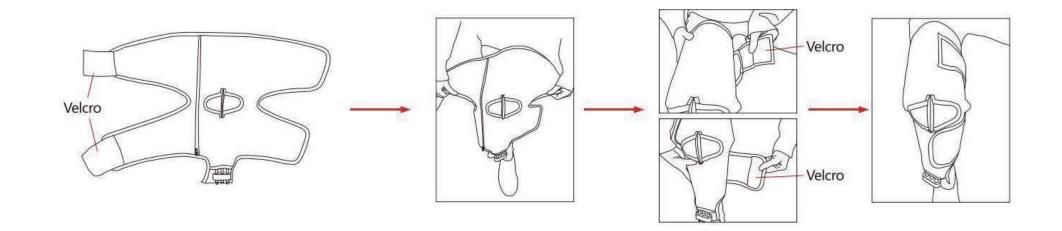






3

### Make sure that you put the cuffs on correctly:



- (1) Smooth the cuff and lay it flat
- (2) Attach the cuff to the appropriate part of the body (arm or leg).
- (3) Wrap the cuff around the corresponding body part, pull it tight and fasten it with the two Velcro fasteners.
- After using the cuffs, please empty the water in the tank first. You can then fill the water in the cuffs into the empty tank and then empty the tank completely again. This will prevent the tank from overflowing and damaging Cryo Pro.



The device starts automatically in standby mode after being plugged into the socket. By default, the temperature is set to 5°C, the massage programme is set to "KNEAD" (massage) and the massage intensity is set to moderate. The display shows an application time of 30 minutes and the drainage function is automatically switched off. The display is shown as follows:



1. Massage technique: Compression (SQUEEZE), massage (KNEAD), relaxation (RELAX)

2. Massage intensity: Light (40 mmHg), medium (70 mmHg), strong (100 mmHg)

3. Temperature: Cooling (5-15°C), warming (40°C)

4. Application time: 5-99 minutes

5. Drainage: Deactivated by default

6. Start

Press while the device is in standby mode to start it. The application time (remaining time) starts with a countdown of 30 minutes.

Press for the massage function (default setting) and a new window will open on the display:



Here you can now choose between SQUEEZE (compression - continuous pressure), KNEAD (massage - inflate and deflate) and RELAX (no inflation). Use the arrow to return to the main menu. The colour coding (yellow) indicates which option is currently active.

Now go to the massage intensity menu item and choose between GENTLE (40 mmHg), MODERATE (70 mmHg) and STRONG (100 mmHg).



Here, too, you can recognise the selection by the coloured marking (yellow).



You can adjust the timer using . With "-" or "+" you can set a time between 5-99 minutes.



The application time of 30 minutes at a time should not be exceeded.

Pressing in application mode (active application) stops the application and the appliance goes into standby mode. The countdown stops and the temperature display will continue to show the current water temperature.

### Manual stop: |

f you want to switch off the appliance manually, simply press while the appliance is in operation.

### Automatic stop:

As soon as the timer reaches the last 5 seconds, a warning tone sounds every second. After the fifth tone, the appliance stops automatically and the timer is reset to 30 minutes. The appliance switches to standby mode.

### Automatic switch-off:

After 10 minutes in standby mode, the appliance switches off automatically.





termination and dismantling

After use (or whenever desired), the water can be drained via the drain valves. To do this, connect the drainage connection firmly to the small connection of the connecting hose - make sure that both are well connected to prevent the machine or the hose from getting wet. Cryo Pro must be in "Pause" mode (otherwise a warning message "Drain prohibited" will appear). Press to access the drainage settings:

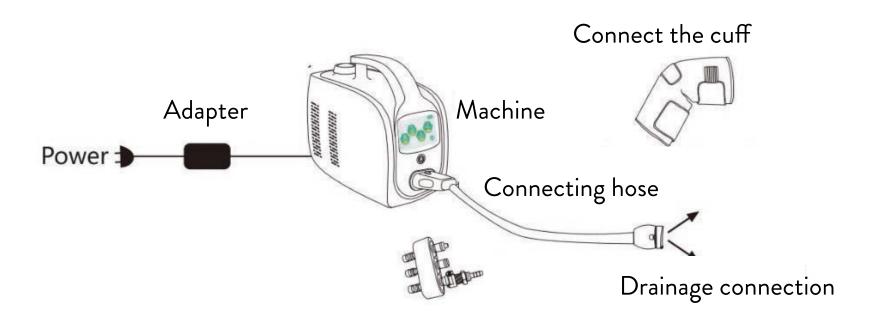


- 1. first press and allow the water to drain completely from the Cryo Pro.
- 2. then squeeze so that the cuffs empty back into the Cryo Pro water tank.
- 3. finally, start the process again by pressing to empty the device completely.



termination and dismantling





The cuffs stop pumping automatically after five minutes; the Cryp Pro stops pumping after three minutes. You can tell whether you have selected "CONTROL UNIT" (Cryo Pro) or "SLEEVE" (cuff) by the colour coding (yellow).

1. make sure that the connection hose and the drainage connection are positioned so that neither the device nor the connection hose get wet.

2. before storing or transporting the Cryo Pro, make sure that both the device itself and the cuffs have been completely emptied.

cleaning & storage

Switch off the device completely before cleaning the Cryo Pro.

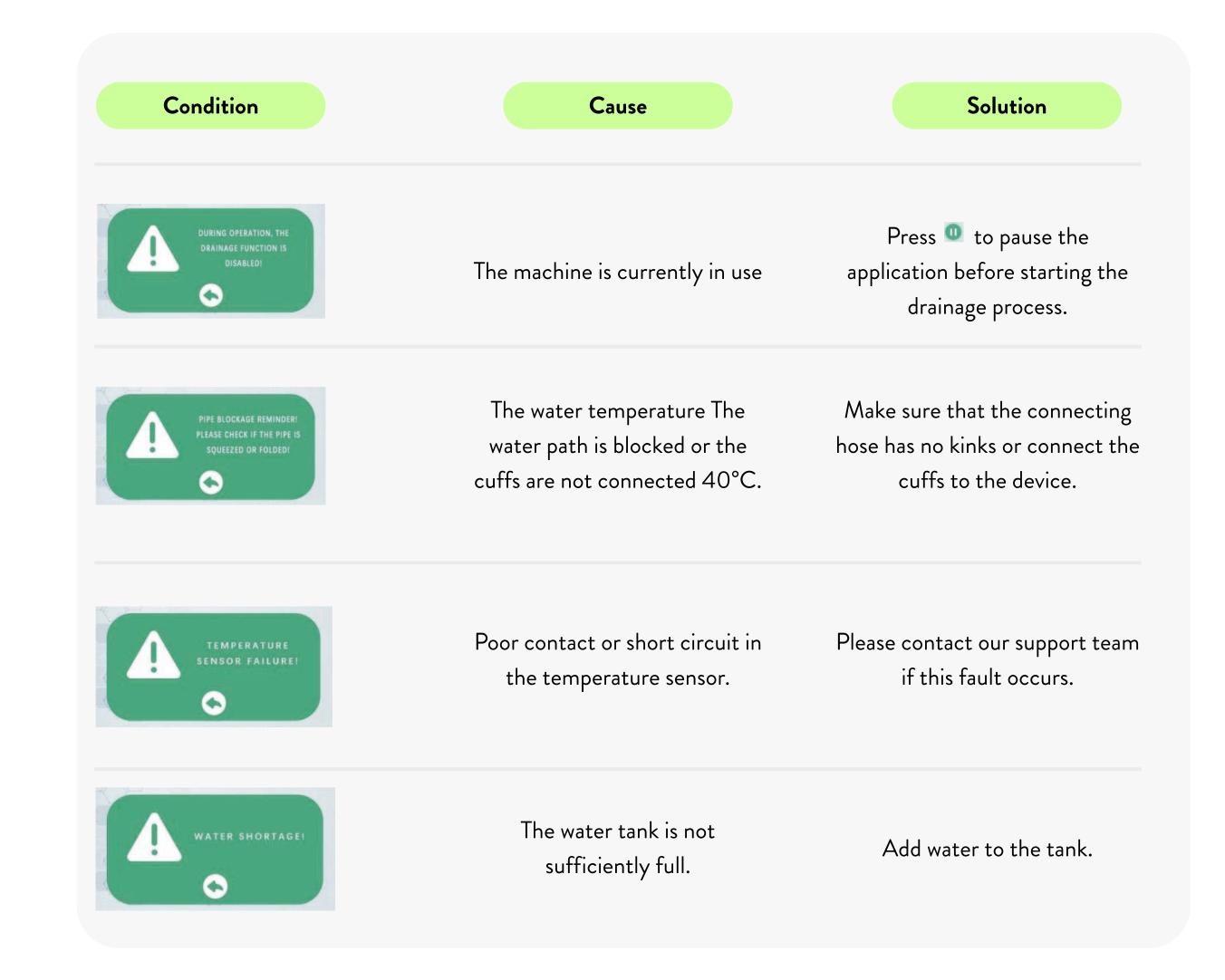
Neither the device nor the cuffs should be washed and should instead be wiped with a dry or maximally damp cloth.

Store the device in a dry, clean place. Also make sure that the device and cuffs are protected from direct sunlight or heat (such as from a gas cooker).





## ERROR CORRECTION







PLEASE NOTE THAT THE PRODUCT CONTAINS SMALL AMOUNTS OF LEAD. THEREFORE, PLEASE HAVE IT DISPOSED OF BY AN ELECTRONIC WASTE DISPOSAL COMPANY. IMPORTANT: PLEASE DO NOT DISPOSE OF THE PRODUCT WITH HOUSEHOLD WASTE!

### **GERMANY:**

Electronic products must not be disposed of in unsorted municipal waste. Instead, use the available return and collection systems. In this way, we all contribute to the reuse, recycling and utilisation of electronic products.

Incorrect disposal of electronic products not only leads to a waste of resources (most electrical appliances contain valuable raw materials such as gold, copper, silver, etc.), but also jeopardises the environment due to the sometimes hazardous substances.

ALTERNATIVE: We are happy to take care of the disposal of your old reboots free of charge. Simply send them to us:

### Address for return shipment:

Wellcosan GmbH
Bellinger Tor 16a
36396, Steinau a.d.Str.
+49 (0) 157 359 900 81,
hallo@reboots.de, www.reboots.com

DISPOSAL



### **FRANCE:**

Electronic products must not be disposed of in unsorted municipal waste. Instead, use the available return and collection systems. In this way, we all contribute to the reuse, recycling and recovery of electronic products.

Incorrect disposal of electronic products not only leads to a waste of resources (most electrical appliances contain valuable raw materials such as gold, copper, silver, etc.), but also jeopardises the environment due to the sometimes hazardous substances.

### **SLOVAKIA:**

Electronic products must not be disposed of in unsorted municipal waste. Instead, use the available return and collection systems. In this way, we all contribute to the reuse, recycling and utilisation of electronic products.

Incorrect disposal of electronic products not only leads to a waste of resources (most electrical appliances contain valuable raw materials such as gold, copper, silver, etc.), but also jeopardises the environment due to the sometimes hazardous substances.





# INFORMATION ON ELECTROMAGNETIC COMPATIBILITY (EMC)



EN

This product requires special precautions with regard to EMC and must be installed and commissioned in accordance with the EMC information provided. This device may be affected by portable and mobile RF communications equipment.

Do not use mobile phones or other devices that emit electromagnetic fields in the vicinity of the device. This can lead to incorrect operation of the device.

3 Attention!

This appliance has been thoroughly tested and inspected to ensure proper performance and function!

4 Attention!

This appliance should not be used adjacent to or stacked with other appliances. If use adjacent to or stacked with other appliances is necessary, this appliance should be observed to verify normal operation in the configuration in which it is used.





### WARRANTY DECLARATION

We guarantee the product for 24 months. In the event of a fault, it may be necessary to return the appliance for inspection. Please ensure that the shipping carton is appropriately padded to prevent any transport damage. No warranty claims can be made for defects caused by improper shipping. Warranty conditions: Insofar as there is a legal obligation to provide a warranty, either a replacement will be provided free of charge or the manufacturer will be given the opportunity to rectify the defect, excluding the right to cancellation or reduction. If the repair is unsatisfactory despite several attempts or if a replacement device also has a defect for which the manufacturer is responsible, the customer has the right to cancellation or reduction.

### Exclusion of warranty:

Excluded from the guarantee are defects caused by violent damage, improper operation, external force or by modifications and repairs carried out by third parties, e.g. defects caused by incorrectly dimensioned or short-circuited fuses or defects caused by normal wear and tear.

### Warranty condition:

The warranty claim is only valid in conjunction with the original proof of purchase (invoice). Please keep the proof of purchase in a safe place. If you have any problems or questions when using the system, please do not hesitate to contact us on +49 (0) 157 359 900 81 or hallo@reboots.de.









### **MANUFACTURER**

Wellcosan GmbH, c/o Caya Postbox 794627, Am Börstig 5, 96052 Bamberg, Germany, +49 (0) 157 359 900 81, hallo@reboots.de, www.reboots.com



### **IMPORTER**

Wellcosan GmbH, c/o Caya Postbox 794627, Am Börstig 5, 96052 Bamberg, Germany, +49 (0) 157 359 900 81, hallo@reboots.de, www.reboots.com

The manufacturer declares that the device complies with the following standardising documents: IEC606011, IEC60601-1-2, IEC60601-1-11, IEC62304, ISO10993-5, ISO10993-10, ISO10993-1, ISO 14971. IMPORTER